

Advent Retreat, by Abbot Jeremy Driscoll, OSB
Mount Angel Abbey | 2022

O Antiphons

Notes for Conference II

December 17

O Wisdom, the living Word, you embrace all creation, you that have come forth from the Most High and ordered all things mightily but gently: Come, Lord, O come to teach us your way of prudence.

December 18

O Adonai and Prince of the house of Israel, you appeared to Moses in the fire of the flaming bush and you gave to him the Law on Mount Sinai. Come, Lord, O come to redeem us, come with your mighty arm.

December 19

O Root of Jesse, you arise as a sign for all mankind, before you all the kings will fall silent, and to you all nations will cry out: Come, Lord, O come to save us, and do not delay.

December 20

O Key of David, and regal scepter of the house of Israel; when you open no one closes, and when you close no one opens: Come, Lord, and lead forth from prison all captives who are sitting in darkness and in the shadow of death.

December 21

O Dawning Day, Splendor of Eternal Light, and long awaited Sun of Justice: Come, Lord, O come and enlighten those who are dwelling in darkness and in the shadow of death.

December 22

O King of all nations and the Deepest Desire of all, you are the precious Corner Stone that alone unites them: Come, Lord, O come to save all mankind whom you fashioned out of clay.

December 23

O Emmanuel, our King and our Lawgiver, the Expectation of all nations, and the Savior of all: Come, Lord, O come to save us, our Lord and our God.

Magnificat

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior,

For he has looked upon his lowly handmaid;

all ages to come shall call me blessed.

Great things the Mighty God has done for me,
and 'Holy' is his Name.

His mercy extends from age to age
toward all those who fear him.

He has shown the strength of his mighty arm;
he has scattered the proud of heart.

From their thrones he has removed the mighty;
he has exalted the lowly.

The hungry he has given good things;
he has sent the rich away empty.

He has protected his servant Israel,
ever mindful of his great mercy.

Even as he promised our fathers,
promised Abraham and his descendants forever.

Glory be to the Father, and to the Son,
and to the Holy Spirit,

As it was in the beginning,
is now and ever shall be,
world without end. Amen.