



SPIRITUAL DIRECTION: A GUIDE FOR SHARING THE FATHER'S LOVE

July 19-21, 2019

\$194 single occupancy / \$326 double / \$88 commuter

A retreat for souls who are participating in or are interested in receiving spiritual guidance. In a world filled with souls who are thirsty for the Divine, the Church is called to set the world ablaze with the Love of God. As Pope Benedict XVI stated, "... today the Church continues to recommend the practice of spiritual direction not only to those who desire to follow the Lord closely but to every Christian who wishes to live responsibly his or her Baptism... Everyone, especially those heeding the divine call to follow Christ closely, needs to be accompanied personally by a guide reliable in doctrine and expert in the things of God." From the desert fathers to the Doctors of the Church, spiritual masters have promoted spiritual direction as a key element for reaching the greatest union with God.

Surrounded by the beauty of the Abbey Hilltop and immersed in the Benedictine monastic tradition, this retreat is hosted at Mount Angel Abbey Guesthouse and is dedicated to spiritual direction ministry. It features two prominent speakers with years of experience in this field: Frs. Thomas Acklin and Boniface Hicks, Benedictine monks of St. Vincent Archabbey, Pennsylvania. They will guide retreatants following their highly acclaimed book "Spiritual Direction: A Guide for Sharing the Father's Love."

The goals of this retreat are to understand the essential purpose of spiritual direction, including human interiority, vulnerability, and the dynamics of one-on-one spiritual relationships; to grasp the unfathomable dignity, uniqueness and lovability of each soul; to grow in intimate union with God in His personal love for us; and to make the most of spiritual direction.

REGISTRATION:

Email the retreat master at retreat@mtangel.edu or call 503.845.3025

PLEASE BRING:

A copy of "Spiritual Direction: A Guide for Sharing the Father's Love"



MOUNT ANGEL

S A I N T B E N E D I C T
GUESTHOUSE & RETREAT CENTER

MOUNTANGELABBEY.ORG/GUESTHOUSE

SPIRITUAL DIRECTION: A GUIDE FOR SHARING THE FATHER'S LOVE

FRIDAY:

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|-----------------|-------------------------------------|
| 2:00 -5:00 P.M. | Registration |
| 5:15 P.M. | VESPERS (Abbey Church) |
| 6:00 P.M. | Dinner |
| 7:00 P.M. | ADORATION & COMPLINE (Abbey Church) |
| 8:00 P.M. | Welcome Orientation & Introduction |

SATURDAY:

Morning Program

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|---------------|---|
| 5:20 A.M. | VIGILS (Abbey Church- Optional) |
| 6:25 A.M. | LAUDS Morning Prayer (Abbey Church- Optional) |
| 7 A.M. | Breakfast |
| 7:55 A.M. | Bells for Mass in Abbey Church |
| 9-9:50 A.M. | CONFERENCE #1 |
| 10-10:50 A.M. | CONFERENCE #2 |
| 11:55 A.M. | NOON PRAYER in Abbey Church |

Afternoon Program

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| 12:15 P.M. | Lunch |
| 1:30-2:30 P.M. | CONFERENCE #3 |
| 2:45-3:45 P.M. | CONFERENCE #4 |
| 4-5 P.M. | Personal time for prayer, Confession, Spiritual Counseling, etc. |
| 5:15 P.M. | VESPERS Evening Prayers in Abbey Church |
| 6:00 P.M. | Dinner |
| 7:25 P.M. | Compline (Abbey Church) |
| 8-8:50 P.M. | CONFERENCE #5 |

SUNDAY:

Morning Program

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|---------------|---|
| 5:20 A.M. | VIGILS (Abbey Church- Optional) |
| 6:25 A.M. | LAUDS Morning Prayer (Abbey Church- Optional) |
| 7 A.M. | Breakfast |
| 7:55 A.M. | Bells for Mass in Abbey Church |
| 9-9:50 A.M. | CONFERENCE #6 |
| 10-10:50 A.M. | Q & As Session |
| 11:55 A.M. | NOON PRAYER in Abbey Church |

Afternoon Program

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|------------|----------------|
| 12:15 P.M. | Lunch |
| 1 P.M. | End of Retreat |