

Mount Angel Abbey Benedictine Oblate Retreats

2012 retreat rates increased to cover the cost of Friday dinner. Single occupancy is \$167 and double occupancy is \$281.

These Benedictine Oblate retreats are intended for oblates and also for those men and women interested in becoming Oblates of Mount Angel Abbey.

Fr. Pius X Harding, OSB, is the Guest Master and the Director of the Oblate Program. An Oblate Program representative will be in the Retreat House for registration, and you will then have the opportunity to pay the balance due (if applicable).

A \$35 non-refundable/non-transferable deposit [per room] is required to confirm your reservation. This may be paid by mailing a check payable to Mount Angel Abbey to Mount Angel Abbey Retreat House, 1 Abbey Drive, St. Benedict OR 97373. Retreat fees are \$167 for single occupancy and \$281 for double occupancy. The deposit is deducted from the total amount.

If you wish to use Visa, Mastercard or Discover, you may telephone 503-845-3025 during office hours (M-F 9:00 a.m.-3:30 p.m.) If the phone is unanswered, we are either working with someone or on the other line; please leave a voice message and your call will be returned.

Registration is 4:00-5:00 p.m. The retreat formally begins with vespers at 5.15 p.m. in the Abbey Church followed by dinner at 6 p.m. on the first day. Silence begins at the conclusion of the first conference. The retreat follows the monastic horarium (schedule), the guests joining the monks for Holy Mass and the Divine Office. Meals are silent, served buffet or family style in the guesthouse dining room, accompanied by spiritual reading.

Room keys are available after 2 p.m. If you arrive early, please know your room key(s) will be in an envelope with your name on it and this will be on the desk in the Retreat House lobby for you to pick up. There will also be a retreat schedule and evaluation form for you. Information regarding access to the building after the doors are locked will be in the envelope with your room key.

Silence ends with breakfast on the third day. Many retreats will include the ceremony of Final Oblation which takes place at the monastic community's Sunday celebration of the Holy Eucharist. A light reception is held afterward, followed by the final of four spiritual conferences. Before this final presentation, those wishing to begin the process of becoming a Benedictine Oblate of Mount Angel Abbey can do so by participating in the induction of oblate novices, where they will receive their own copy of the Holy Rule of Saint Benedict and receive a blessing. The retreats conclude with the noon meal, at which guests have an opportunity to visit with one another, and make plans for their next visit to the monastery.

Meal times are:

Breakfast: 7:00 a.m.
(7.30 a.m. on Sunday)

Lunch 12:15 p.m.

Dinner: 6:00 p.m.

On the first floor, the floor below the main level, there is an ice machine near the outside elevator. If you use the ice machine, please remember to block open the door that leaves the main body of the building while you are at the ice machine. If you forget, you will be locked out but can use the outside elevator to travel to any level.

The Abbey kitchen can prepare vegan or vegetarian meals. Please notify the office if you require this when your reservation is made.

On the lowest level of the Retreat House there is a private kitchenette for guests. This room can be accessed with guest room keys and is not open to the public. A refrigerator, microwave and crock pots help guests prepare their meals. Clear containers are provided for food storage. Dishes, cutlery and some cooking utensils are also provided for the comfort of our guests.

The Retreat House provides bed linen and bath towelings as well as small soaps. Additional towels and toiletries are available on the third floor, in a cupboard near the elevator, should you need more.

As with all Retreat Houses, we ask when a retreat concludes that our guests remove the used bedding and put clean bed linen on the bed (provided in the bottom drawer of the desk.) This is part of Benedictine life and an opportunity to pray for the next guest who will use the room.

Used bedding and towels may be put in a pillowcase and left in the room. If you are physically unable to do any of this, please do not concern yourself – employees will be happy to take care of it.

Please leave your room door open when vacating the room and place room key(s) in the return key basket on the desk in the lobby of the Retreat House.

For lost and found items, please check with the Retreat House office at 503-845-3025. All items turned in will be held for one week, after which time items will be donated to a local charitable organization. Mount Angel Abbey Retreat House is not responsible for lost or stolen items.

For additional information about content and structure of these retreats, please contact the Associate Director of the Oblate Program, LaVern Hayworth, at 541-567-9708 or email zerny@bossig.com